

COLLEGE PARK TENNIS ATHLETIC INJURY PROTOCOL

This document is meant to serve as a guide for the parent in case your child has an athletic injury.

Please visit the College Park High School Sports Medicine website: www.cphsportsmedicine.com

College Park employs three full time certified athletic trainers. Team physicians, Dr. Piefer and Dr. Robichau, are routinely in the training room.

1. It is your child and you choose how to proceed.

With the statement above, the **best** protocol is for the athlete to see one of the full time trainers at the first possible opportunity.

2. The trainers can evaluate and develop a course of treatment.
3. The trainers have access to the orthopedic physicians via phone, video conference, etc..
4. The trainers can expedite an athlete into a physician's patient schedule.
5. The trainers have access to 95% of the rehab equipment found in Division I athletic training rooms.
6. The training room can coordinate the rehab with the team physician. This will save valuable time, expense, logistics and remove the potential for delayed, incomplete, or miscommunication.
7. The coaching staff has ZERO input with regards to the athlete returning to the activity on a limited, restricted, or full status.
- 8. The coaching staff receives communication in a timely manner and can make arrangements to better prepare practice, match lineups, travel squads etc.**
9. Once the athlete has been taken to a physician outside the protocol, no treatment can occur unless spelled out in writing by such physician. The athlete cannot return to activity until written permission is granted by the physician. This can be successful and it is your choice. This often causes delays and sometimes physician with less experience or background as our team physicians.
10. The vast majority of the student-athletes at College Park High School stay within the training room protocol.
- 11. I will always direct your student to see the trainers if they are experiencing pain or discomfort. It is within my purview to require your student see the trainers. The trainer will document all interaction with your student. If a physician is needed the trainers will contact you via phone.**
- 12. See #1 above.**

Thank you for your cooperation.

Robert Klein